

Weekly Menu



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfas	Toast w/ Sun Butter Fruit Cocktail 1% Milk	Waffles w/ Syrup Peaches 1% Milk	Oatmeal Oranges 1% Milk	Cheerios Apple Sauce 1% Milk	Waffles Apples 1% Milk
Lunch	Turkey sandwich Broccoli Apple sauce 1% Milk	Chicken & Brown Rice Green Beans Apples 1% Milk	Homemade Spaghetti & Meatballs Corn Peaches 1% Milk	Slow Cooker Mac N Cheese Peas Apple slices 1% Milk	Chicken Tacos Peas Diced Peaches 1% Milk
PM	Goldfish Apple Juice	Yogurt Bananas	Wheat Thins Apple Juice	Ritz Crackers String Cheese	Tuna Ritz Crackers Apple Juice

Weekly Menu



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfas	Toast w/Butter Pineapple 1% Milk	Rice Krispies Bananas 1% Milk	Pancakes w/ Syrup Diced Peaches 1% Milk	Cheerios Apple slice 1% Milk	Eng. Muffin w/Sun Butter Mixed fruit 1% Milk
Lunch	Pepperoni Pizza on WW Eng. Muffin Corn Bananas 1% Milk	Grd. Turkey Sloppy Joes on WW Bun Green Beans Diced Peaches 1% Milk	Chicken Sandwich Green Beans Bananas 1% Milk	Turkey Sandwich Carrots Oranges 1% Milk	Chicken Nuggets Wheat bread Mixed Veggies Oranges 1% Milk
PM	Pretzels Apple Juice	Pretzels w/ Apple juice	Ritz Crackers String Cheese	Graham Crackers Apple juice	Apple Sauce Animal Crackers

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfas	English Muffin w/Jelly Oranges 1% or Whole Milk	Oatmeal Blueberries 1% Milk	English Muffin w/ Sun Butter Pineapples 1% Milk	Waffles Blueberries 1% Milk	Corn Flakes Oranges 1% Milk
Lunch	Meatball Subs Peas Pineapples 1% or Whole Milk	Chicken & Brown Rice Green Beans Apples 1% Milk	Grilled cheese Corn Pears 1% Milk	Fish Sticks Green Beans Apples 1% Milk Brown Rice	Turkey sandwich Broccoli Apple sauce 1% Milk
PM	Graham Crackers Yogurt	Animal Crackers Apple Juice	Pretzels w/ Hummus Apple juice	Tuna Ritz Crackers Apple Juice	Banana & Sun Butter Roll Ups

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfas	Toast w/Butter Apples 1% Milk	Oatmeal peaches 1% Milk	Oatmeal Blueberries 1% Milk	English Muffin w/ Sun Butter Pineapples 1% Milk	Waffles Blueberries 1% Milk
Lunch	Chicken Tacos Corn Oranges 1% Milk	Homemade Pizza English Muffin Mixed Veggies Oranges 1% Milk	Chicken Nuggets Mixed Veggies Pears 1% Milk	Sloppy Joes w/ ground turkey Peas Pineapple 1% Milk	Chicken Patty Carrots Apples 1% Milk
PM	Wheat Thins Apple Juice	Yogurt Bananas	Pretzel sticks Applesauce	Animal Crackers Apple Juice	Ritz Crackers Cheddar Cheese

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Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breast Milk or Advantage Formula Infant cereal Pears Peas	Breast Milk or Members Mark Advantage Formula Peaches Yogurt	Breast Milk or Members Mark Advantage Formula Orange slices Infant cereal	Breast Milk or Members Mark Advantage Formula Apple sauce Infant cereal	Breast Milk or Members Mark Advantage Formula Yogurt Apple slices
Lunch	Breast Milk or Members Mark Advantage Formula Turkey Applesauce	Breast Milk or Advantage Formula Chicken Applesauce Green Beans	Breast Milk or Advantage Formula Meatballs Corn Peaches	Breast Milk or Advantage Formula Mac N Cheese Peas Applesauce	Breast Milk or Members Mark Advantage Formula Chicken Peas
PM Snack	Breast Milk or Members Mark Advantage Formula Gold fish Peaches	Breast Milk or Members Mark Advantage Formula Bananas Wheat Bread	Breast Milk or Members Mark Advantage Formula Wheat bread Peaches	Breast Milk or Members Mark Advantage Formula Apple slices Ritz crackers	Breast Milk or Members Mark Advantage Formula Diced peaches Ritz crackers

Weekly Menu



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breast Milk or Members Mark Advantage Formula Pineapple Yogurt	Breast Milk or Members Mark Advantage Formula Bananas Infant cereal	Breast Milk or Members Mark Advantage Formula Diced peaches Yogurt	Breast Milk or Members Mark Advantage Formula Apple slices Infant cereal	Breast Milk or Members Mark Advantage Formula Yogurt Mixed fruit
Lunch	Breast Milk or Members Mark Advantage Formula Corn Peas	Breast Milk or Members Mark Advantage Formula Ground beef Green beans	Breast Milk or Members Mark Advantage Formula Chicken Green beans	Breast Milk or Members Mark Advantage Formula Turkey Carrots	Breast Milk or Members Mark Advantage Formula Chicken nuggets Mixed veggies
PM Snack	Breast Milk or Members Mark Advantage Formula Bananas Wheat bread	Breast Milk or Members Mark Advantage Formula Peaches Wheat bread	Breast Milk or Members Mark Advantage Formula Bananas Ritz crackers	Breast Milk or Members Mark Advantage Formula Orange slices Graham crackers	Breast Milk or Members Mark Advantage Formula Apple sauce Animal crackers

Weekly Menu



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breast Milk or Members Mark Advantage Formula Oranges Yogurt	Breast Milk or Members Mark Advantage Formula Blueberries Yogurt	Breast Milk or Members Mark Advantage Formula Pineapples Yogurt	Breast Milk or Members Mark Advantage Formula Blueberries Infant cereal	Breast Milk or Members Mark Advantage Formula Oranges Yogurt
Lunch	Breast Milk or Advantage Formula Pineapples Meatballs WW Bread Peas	Breast Milk or Members Mark Advantage Formula Chicken Green Beans	Breast Milk or Members Mark Advantage Formula Corn Cheddar cheese	Breast Milk or Members Mark Advantage Formula Ground beef Green Beans	Breast Milk or Members Mark Advantage Formula Turkey Apple sauce Peas
PM Snack	Breast Milk or Members Mark Advantage Formula Graham crackers Blueberries	Breast Milk or Members Mark Advantage Formula Apples Animal crackers	Breast Milk or Members Mark Advantage Formula Carrots Wheat bread	Breast Milk or Members Mark Advantage Formula Apples Ritz crackers	Breast Milk or Members Mark Advantage Formula Banana Wheat bread

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Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breast Milk or Members Mark Advantage Formula Apples Yogurt	Breast Milk or Members Mark Advantage Formula Peaches Yogurt	Breast Milk or Members Mark Advantage Formula Blueberries Infant cereal	Breast Milk or Members Mark Advantage Formula Pineapples Infant cereal	Breast Milk or Members Mark Advantage Formula Blueberries Yogurt
Lunch	Breast Milk or Members Mark Advantage Formula Chicken Corn	Breast Milk or Members Mark Advantage Formula Yogurt Mixed vegetables	Breast Milk or Members Mark Advantage Formula Mixed veggies Chicken nuggets	Breast Milk or Members Mark Advantage Formula Ground beef Peas	Breast Milk or Members Mark Advantage Formula Yogurt Apple slices
PM Snack	Breast Milk or Members Mark Advantage Formula Animal crackers Oranges	Breast Milk or Members Mark Advantage Formula Wheat bread Bananas	Breast Milk or Members Mark Advantage Formula Wheat bread Apple sauce	Breast Milk or Members Mark Advantage Formula Pineapples Animal crackers	Breast Milk or Members Mark Advantage Formula Carrots Ritz crackers